### Target Audience

Healing Touch is a nursing based continuing education program for registered nurses, physicians, body therapists, counselors, psychotherapists, other health professionals, and individuals desiring an in-depth understanding and practice of healing work using energy based concepts.

# Healing Touch Program<sup>™</sup> Description

A course of study toward a certificate of completion in Healing Touch (HT) which incorporates a variety of basic to advanced healing modalities. The program is sequenced in 6 levels allowing participants to move from beginner to advanced practitioner, expert and instructor. Certification as a Healing Touch Practitioner and Instructor is available on application following completion of course work and additional requirements.

## **Level 1 Description**

Level 1 begins with 16 continuing education contact hours of instruction, allowing persons with varying backgrounds to enter, acknowledge their previous learning and to further develop concepts and skills in energy-based therapy. A strong commitment to personal growth is required.

#### The participant will learn how to:

- Describe the human energy system relationship to physical, emotional, mental and spiritual health.
- Discuss energy principles basic to HT.
- Assess the energy field and energy centers.
- Identify a basic Healing Touch sequence.
- Demonstrate specific intervention techniques used in Healing Touch.
- Discuss applications of Healing Touch in personal and professional practice.

#### Level 1 Course Content

- Energy system concepts related to health
- Basics of the energy system, energy field and energy centers
- · Location and function of the chakras
- Assessment of the energy field and energy centers
- Meditation for centering and maintaining energetic flow
- Principles and practice of Healing Touch
- Selected intervention techniques: Basic Healing Touch Sequence, Magnetic Passes, Magnetic Clearing, Chakra Connection (1 on 1, 2 on 1, self), Headache Techniques (tension, migraine, sinus), Ultra Sound, Laser, Chakra Spread, Scudder (Optional), Mind Clearing (Optional)
- Principles of self-healing
- Personal development as a healer
- Legal and professional aspects of touch therapies

16 Continuing Education Contact Hours for nurses and massage therapists.

## **Workshop Information**

<u>Schedule:</u> February 6-7, 2016 (must attend both days to receive credit)

**Time:** 8:00 AM to 6:00 PM

<u>Location:</u> UNM Center for Life 4700 Jefferson St NE, Albuquerque, NM 87109

**Coordinator:** Barb Welcer

Instructor: Barbara Welcer RN, BAS, HNC, HTCP/I has over 30 years of nursing experience specializing in pediatrics, emergency nursing, community health education and holistic nursing interventions. She received certification in Holistic nursing through the American Holistic Nurses' Association and certification in Healing Touch as a practitioner and instructor through Healing Touch Program. Over the last 15 years Barb has used holistic nursing interventions integrating the best of traditional medicine and complementary therapies to support patients in their healing. As a holistic nurse, Barb has dedicated her work to the integration of body, mind and spirit in health and healing. Barb presently works at the UNM Center for Life as the integrative clinic nurse and energy medicine provider.

Contact at <a href="mailto:bawelcer@unmmg.org">bawelcer@unmmg.org</a>, 505-925-4583 or <a href="mailto:barbwelcer@yahoo.com">barbwelcer@yahoo.com</a>, 248-882-1706.

#### **Healing Touch Certificate Program**

Healing Touch Program<sup>TM</sup> 20822 Cactus Loop, San Antonio, TX 78258 (210) 497-5529 . Fax (210) 497-8532 E-Mail: info@HealingTouchProgram.com Website: www.HealingTouchProgram.com

Healing Touch Program is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's COA.

Healing Touch Program is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00

Healing Touch Program is an international, multi-level educational program in energy based medicine therapy. The Healing Touch Program curriculum progresses from beginning to advanced practice. As a professionally accredited program, the curriculum encompasses increasing levels of practice and techniques, standards of care, code of ethics and scope of practice.

Healing Touch is endorsed by the American and Canadian Holistic Nurses Association. Practitioners and Instructors are certified through an independent certification process.

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# Registration Form Healing Touch Level 1

Date: February 6-7, 2016 8:00 AM to 6:00 PM Location: UNM Center for Life Albuquerque, NM

| Name:   |       |
|---|-------|
| Address:  |       |
| City:   |       |
| State:Zip:  |       |
| Home Phone:   |       |
| Work Phone:   |       |
| E-Mail:   |       |
| Please check one of the following:  |       |
| Tuition (includes materials)  |       |
| Early Bird - \$325 SAVE \$40! No additional discounts w. early bird pricing (Deadline postmarked by January 26, 2016) |       |
| Regular - \$365<br>HTPA or AHNA Member - \$340<br>Student - \$200<br>Repeat - \$200                                   |       |
| Amount Enclosed: \$ Check, Credit Card accepted. CC#  |       |
| CC#_<br>Exp. Date: Security   | Code: |
| Signature:  |       |

- Eligible for UNM Tuition Remission under Professional Development
- UNMH Employees receive a 10% discount on regular price of \$365.

Make checks payable to: UNM CFL Send to: Michelle Hale, UNM CFL 4700 Jefferson St. NE, Suite 100 Albuquerque, NM 87109





# Healing Touch Level 1

February 6-7, 2016
UNM Center for Life
Albuquerque, NM



